

Every ride. Every rider. Every contribution matters.

Every day we come one step closer to our goal — a world free of MS. Every day we learn more about the disease and push for new treatments and programs to help people living with MS. None of it would be possible without the vital funds raised through Bike MS.

Since Bike MS was started over 30 years ago, participants, donors and sponsors have raised over \$1 billion dollars to fund MS research and critical programs for people affected by MS.

Putting your dollars to work

Below are examples of how the money you raise could be put to work helping people with MS.

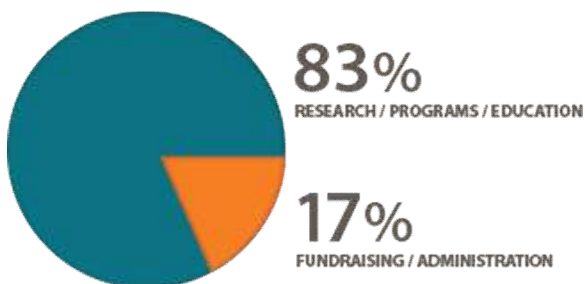
\$35 — Assist self-help groups in supporting people affected by MS in our community

\$65 — Fund wellness programs aimed at treating the mind, body and spirit

\$120 — Help pay for a physical therapy session to manage MS symptoms by enhancing strength and mobility

\$200 — Fuel our cause to help influence change by engaging elected officials to make MS a national priority

\$400 — Help fund a researcher working toward a cure



“I started showing symptoms of MS when I was 15. I had double vision, and no one could read my handwriting. Now, I don’t walk the best every day. Sometimes I slip if someone’s not helping me. The MS Society is full of great people who are dedicated to helping people like me. Knowing that doctors are coming together to talk about how to help people with MS makes me feel wonderful and not forgotten. Thank you for assisting the MS Society. It truly takes a team to make living with MS a little easier every day.”

— Deanna, Bike MS Team Ambassador